

## **Participant and Parent/Guardian Code of Conduct**

### **Parents/Guardians must**

- Ensure that they and their child abide by and respect the club rules.
- Be polite and respectful to the coaches. Poor behaviour towards staff can result in termination of club membership.
- Leave the coaching to the coaches. Parents should not pressure their children or offer coaching advice. It is helpful if parents can offer the support and encouragement necessary to help their children feel good about themselves.
- Ensure that their children arrive at their lesson on time and ensure they pick up at the end of lesson on time.
- Ensure that they and their children are aware of the identity of the Club Welfare Officer.
- Be patient with their children's progress. Gymnasts progress according to their age, ability and stage of maturation.
- Remember that long-term improvement is the ultimate goal.
- Re-enforce high standards of behaviour expected in the gym and help their children maintain a positive attitude.
- Dress their child appropriately for gymnastics.
- Make sure their child has all jewellery removed and long hair tied back at each lesson.
- Make required payments promptly and on time. Late or missed fees can result in charges and/or termination of club membership.
- Communicate well with the club and respond promptly to any messages and emails.
- Not take photos or videos of anyone in the gymnasium.
- Inform the club of any changes to their contact details, such as mobile phone, email and home address.

### **When watching a class from inside the gymnasium, parents/guardians must understand that**

- Watching a class is observation only and is not an open-gym session for non-registered children or siblings to access equipment.
- Only enrolled gymnasts may participate during any class.
- Parents/guardians remain responsible for supervising siblings at all times.
- Non-registered children must not access equipment or join in activities under any circumstances.

### **Participants must**

- Be polite and respectful to their coaches and other participants in their class.
- Have long hair tied back neatly.
- Take part in bare feet.
- Wear appropriate clothing – no denim, skirts, tights, dresses, hats, scarves, restricted clothing or tutus.
- Not chew gum in class.

- Respect the gymnastics equipment and not cause any vandalism, such as scratching fingernails along the beam.
- Remember to visit the toilet before class starts.
- Not wear shoes on the gym mats/equipment.
- Not wear any Jewellery - [British Gymnastics Policy on Body Piercing and Adornments](#)