

## Participant and Parent/Guardian Code of Conduct

### Parents/Guardians must;

- Ensure that they and their child abide by and respect all club rules and policies.
- Treat all coaches, staff, volunteers, and other members with courtesy and respect. Inappropriate or abusive behaviour towards staff or members may result in suspension or termination of club membership.
- Parents/Guardians should not pressure their child or offer technical coaching advice during sessions. Positive support and encouragement are strongly encouraged.
- Ensure their child arrives on time for lessons and is collected promptly at the end.
- Be aware of the identity and role of the Club Welfare Officer and raise any safeguarding concerns appropriately.
- Be patient with their child's progress. Gymnasts develop according to their age, ability, and stage of physical and emotional maturation.
- Understand that long-term development and enjoyment are the primary goals.
- Reinforce the high standards of behaviour expected in the gym and encourage a positive attitude.
- Ensure their child is dressed appropriately for gymnastics sessions.
- Ensure all jewellery is removed and long hair is securely tied back before each lesson.
- Make all required payments promptly. Late or missed payments may result in additional charges and/or suspension of membership.
- Maintain clear communication with the club and respond to messages and emails in a timely manner.
- Not take photos or videos within the gymnasium unless expressly authorised by the club in accordance with safeguarding and data protection policies.
- Inform the club promptly of any changes to contact details, including mobile phone number, email address, or home address.

### When watching a class from inside the gymnasium, parents/guardians must understand that;

- Watching a class is observation only and is not an open-gym session for non-registered children or siblings to access equipment.
- Only enrolled gymnasts may participate during any class.
- Parents/guardians remain responsible for supervising siblings at all times.
- Non-registered children must not access equipment or join in activities under any circumstances.

### Participants must;

- Be polite and respectful to their coaches and other participants in their class.
- Have long hair tied back neatly.
- Take part in bare feet.
- Wear appropriate clothing – no denim, skirts, tights, dresses, hats, scarves, restricted clothing or tutus.
- Not chew gum in class.
- Respect the gymnastics equipment and not cause any vandalism, such as scratching fingernails along the beam.
- Remember to visit the toilet before class starts.
- Not wear shoes on the gym mats/equipment.
- Not wear any Jewellery - [British Gymnastics Policy on Body Piercing and Adornments](#)